



# Mike's Story

# Carol's Story



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**Symptoms and diagnosis:**

Diagnosis of high blood pressure is based on the average of two or more readings taken at each of two or more visits after an initial screening.

Hypertension usually has no symptoms. Many people have high blood pressure and don't know it. If

# Evaluating the Cases

Name(s) \_\_\_\_\_ Date \_\_\_\_\_

As a team, decide which member of the group will watch or read each case study. When you finish with your case, answer questions 1 to 6. Then, discuss and answer questions 7 to 11 with your group members. If you wish, watch or read the case studies again to help with your answers.

Case Study: \_\_\_\_\_

1. What disease does the individual have? Is it chronic or acute?
2. How did the disease change over time? Was it acute or chronic?
2. What are the signs and symptoms of the disease? How do they change over time? What are the risk factors for the disease? How do they change over time? What are the complications of the disease? How do they change over time? What are the treatments for the disease? How do they change over time? What are the outcomes of the disease? How do they change over time?